Pictured are the Iowa Catholic Daughters of the Americas members that attended the CDA Conference for State & Territorial Officers at Our Lady of the Snows Shrine in Belleville, Illinois July 13 -16, 2017. Members are front row left to right: Deb Steger, State Treasurer; Kaye Stock-Arndorfer, Second Vice State Regent; Jan Grundmeyer, State Regent. Second row left to right: Karen Kasparbauer, First Vice State Regent; Rose Holschlag, a National Director; Susan Mone’ from Mesa, AZ, National Director for Iowa; Sherry Nilles, First Vice National Regent. Rita Carlson, State Secretary, was unable to attend.

Mailed on Sept. 1

Please keep this issue until the next one. You’ll want the very important information inside!

Visit our website at www.iowacatholicdaughters.org
Many people today seem to prefer “virtual reality” to reality. Are you one of those folks?

Today it seems everyone has a smartphone. In restaurants, on sidewalks, in shops & airports everyone is texting or checking their messages. They give their phones the kind of attention (and devotion) that face-to-face encounters deserve.

In his apostolic exhortation *The Joy of the Gospel*, Pope Francis emphasized that joy comes from person-to-person encounter, from real flesh & blood dialogue and interaction. He notes: The gospel, radiant with the glory of Christ’s cross, constantly invites us to rejoice. “Rejoice” is the angel’s greeting to Mary (Luke 1:28). In her visit to Elizabeth, Mary proclaims: My spirit rejoices in God my Savior. Joy is the consequence of sharing good news.

Many folks today do not associate “joy” with Christ’s gospel. They think of joy as entertainment or fun, freedom from rules or restrictions, being in charge of their lives. Many think of the gospel as the opposite of joy: criticism, judgment, sacrifice, restriction, discipline. What about you? Do you associate Christ’s gospel with joy? Do you enjoy the gospel?

Perhaps those questions are too abstract.

Does your Catholic faith give you joy? Do your Catholic relationships contribute joy to your daily life? Does your prayer bring you joy? Do your works of kindness, service, generosity, compassion bless you with joy? Do you experience joy at all? Really, what is joy?

Webster defines joy as “a lively emotion of happiness, delight, and pleasure.” As an emotion, “joy” describes a positive reaction to an event, e.g., the birth of a child, a wedding, a homecoming, graduation.

In his Letter to the Galatians (5:22) Saint Paul lists joy as “the fruit of the Spirit,” together with love, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. For Paul joy is a gift from God, i.e., God planting God’s own eternal delight or glory into our hearts. Joy is not an emotion we produce but a gift we receive. The Catechism of the Catholic Church (§1829) refers to joy as a “fruit of charity,” a natural consequence of one’s loving service to others.

That is the sense of Pope Francis’ discussion of “the joy of the gospel.” The gospel is good news, a gift/revelation from God. It is light that conquers darkness. It is the truth that sets us free. It is confident hope that overcomes fear. It is life stronger than death. It is promise of communion with God (now and forever... our identity and destiny) that dispels isolation and loneliness. Joy comes hand-in-hand with all this good news from God. And when we imitate Christ, live the good news, carry the good news to others, joy is a natural consequence.

Throughout *The Joy of the Gospel*, Pope Francis emphasizes the joy we experience when we live Christ’s gospel and share it with others. The heart of the gospel is mercy and compassion for others. It is especially when we show mercy, forgive others, serve the needs of others, help others carry their sorrows that we experience joy.

Often Pope Francis warns us against excessive individualism and a preoccupation with oneself that isolate us from one another, building walls rather than bridges. Our obsession with security produces a kind of “gated community” mentality (restricted access to me) rather than a “neighborhood” (I am open to others) way of being in the world. Do our cellphones illustrate this? A preference for texting rather than face-to-face conversation?

Pope Francis notes: At a time when we must need a missionary dynamism which will bring salt and light to the world, many fear that they may be asked to undertake some apostolic work. They seek to avoid any responsibility that may take away from their free time...people feel an overbearing need to guard their personal freedom, as though the task of sharing the gospel were a dangerous poison rather than a joyful response to God’s love which summons us to mission and makes us fulfilled and productive. (§81)

Catholic Daughters, YOU are the joy in your court. Your presence, your conversations, your participation, your saying “yes” when asked to help are the gifts God offers to your court, your parishes, your neighborhood, your world. Your interest, your openness, your willingness to meet others (gifts God gives to you and inspires you to share) these are the “encounters,” the “dialogue” that Pope Francis emphasizes so much.

“Being busy” is our society’s favorite neurosis. We love to point out how busy we are. We love to complain about it, even as we pack more things into each day. Is the joy of the gospel part of each of your days? Studying Christ’s words, speaking Christ’s words in prayer, doing Christ’s work, are these parts of your everyday?

Your Catholic Daughters Court, your parish, your world needs YOU, your participation, your living/sharing of the joy of the gospel. Resist the temptation to always protect your free time. Resist the temptation to prefer virtual reality to real face-to-face involvement in the work of your Court. Learn from Christ. Learn his generosity and openness. Your Court is an engine for good, more effective than any individual can be. Participate. Give yourself as God gives to you. Experience the joy of the gospel.

-Father Timothy Schott, Iowa Chaplain
With the recent election of new State Officers, the duties of the officers have changed. One of the responsibilities of the 1st Vice State Regent is being the editor of The VOICE.

It is with great excitement that I take on this new challenge. I had done a newsletter quarterly for my Local Court years ago, but not in this magnitude.

The Iowa CDA members owe Jan Grundmeyer, our past VOICE Editor, a big thank you for making the VOICE a newspaper the State of Iowa CDA can be proud of as we obtained 1st place last year and 2nd place this year in the National CDA Newspaper Contests!! My work will be cut out for me to maintain our status.

I recently went to the publishing company in Storm Lake, IA and met some of the owners and employers. They are the ones responsible for helping us put this paper together. They are very cooperative and have taught me much.

My local Postmaster has given me many instructions on getting back the address changes at no cost to us as it will now be done through the internet, I hope. This last edition we had 52 copies returned because of incorrect addresses. That was over $75 of fees at the Post Office.

Please send in your members’ addresses in a timely manner. I do realize that me contacting you is your way, many times, of finding out that there was a change. We will work together.

Please, please let me know by phone (712-653-3634) or email (kkasparbauer@gmail.com) if you did not receive The VOICE or if you are receiving more than one copy.

I would like to also hear from you suggestions on how to improve The Voice, what you would like to see more of and what you don’t really care to read.

Have fun reading The VOICE and keeping up with what is happening in CDA Nationally, Stately and Locally. I am starting a new article called “Sr. Mary Paul Writes...”.

Sr. Mary Paul Giordano, DM is from Newfield, NJ. She is the State Treasurer. At the National Officers’ Conference in Belleville, IL, she gave some good jokes that always put a smile on our faces. She has agreed to enlighten us with one or two jokes every issue. SMILE!

Sending God’s blessings to you,
Karen Kasparbauer
1st Vice State Regent and
VOICE Editor

Dear CDA sisters,
I hope that all of you have enjoyed the lazy, crazy days of summer with family and friends where ever the summer months have taken you. If your days were anything like mine, they weren’t lazy but were crazy!

In July, your newly elected State Board attended an officers training at the beautiful Shrine of our Lady of the Snows. They left with new ideas and tools to share to help you, so take advantage of workshops they have planned this fall. And remember our BOGO campaign. I challenge every one of you to bring a potential new member to your meetings. Share your blessings as a CDA member with other women.

As fall is just around the corner, I hope that you are rested and ready to jump back into the CDA work in your court. Regardless of age or abilities, CDA has something for everyone. For some it’s being at home and being our prayers warriors which is just as important as any project or activities your court is involved in.

As we begin, put spiritual enhancement at the top of what you do. As we pray together God will bring us closer together as sisters in Christ and as a court and we will be open to where He is guiding our courts to serve Him.

U.I.O.G.D.- “Ut in omnibus glorificetur Deus!” How many of us who attended parochial schools, remember writing those letters on the top of all of our school papers? “That in all things God may be glorified”. Know that all of you and your courts are in my prayers at daily mass as you continue all the wonderful good works you do for the glory of God.

Blessings and Peace,
Susan Moné,
National Director

Sr. Mary Paul Paul Writes.....

1) FedEx and UPS are going to merge to form a new company. Yeah, and the new name will be Fed UP.

2) A man was traveling through a desert and he ran out of gas. The nearest gas station was 100 miles away. He sat in his empty car trying to figure out what to do. A little bee flew by and saw him. He said, “My, you look so forlorn. What’s the matter?” The man explained his predicament. The bee said, “I’ll take care of that.” and flew off. A little while later the bee came back with a whole swarm of bees. He said, “Open your gas tank.” The man did not knowing to expect. The swarm of bees flew in and made such a racket. This went on for a while. Then they flew out. The little bee said to the man,” Now, start the car.” He did and the engine purred. The guy said, “How did you do that?” His little friend said, “B P”
Dear Catholic Daughters,

I hope your summer has been a time for some relaxation and enjoyment and that everyone is feeling refreshed ready to be involved in the activities in our Catholic Daughter courts. Fall brings a flurry of activities in the State Court as well as in your local courts.

Four fall workshops are scheduled around Iowa beginning on September 9th in Waterloo, then moving on to Westphalia on September 30th, Cherokee on October 14th and Ottumwa on October 28th. Thank you to the hosting courts for arranging the meeting sites. The theme this year is, “You Are the Joy in CDA”. This means all of you are that “JOY” and without you our organization would not exist. All Local Regents and District Deputies have received the registration form and workshop agenda. ALL members are encouraged to attend a workshop and receive the information presented first hand to avoid confusion in the future. It is a great time to get your questions answered and share ideas with your CDA sisters from around the state. All completed registration forms should be sent to State Secretary, Rita Carlson at 1306 S 19th St in Fort Dodge, IA 50501. Please note the deadline for each location on the form.

October 6-8, 2017 brings the Catholic Daughters/Women’s Retreat at the American Martyrs Retreat House in Cedar Falls. This is always a relaxing, faith filled and spiritually uplifting weekend in a beautiful area. The Theme of the Retreat is: “Live Successfully with Faith, Hope and Charity”. Father Dan Knipper is the Retreat Director. Please make plans to attend. You will not be disappointed. All necessary information and the registration form are in this issue of The VOICE.

One of the State Projects – The Fall Food Event – is held each year at this time. Local Courts are encouraged to hold a fundraiser and keep one half of the proceeds to use in their local community and send the other half to the State by December 31, 2017. Funds sent to the State will be disbursed to the four Iowa Dioceses to be used, at the discretion of the Bishops, to help those in need. Watch for their most appreciative thank you letters in The VOICE.

October 15, 2017 is National Catholic Daughter Sunday. This is a wonderful day to attend Mass as a group and perhaps have a coffee or brunch after Mass and promote CDA. Let everyone know we are a sisterhood of women working together serving God by helping others. It is such a blessing to be a Catholic Daughter.

The State Officers attended the Officers’ Conference in Belleville, Illinois in July. Many states and areas outside the United States were represented. You made us very proud of Iowa at the conference as we had eight winning Education Contest entries at National, plus the Iowa Website won first place in the National Website competition and our State Newsletter, The VOICE, won second place in the National Newsletter Contest. The winning entries will be on display and awards will be presented at the four fall workshops. Thank you to all who entered the contests and congratulations to those who were winners.

At the Conference in Belleville the officers were asked about goals for their term. One of Iowa’s State Board goals for 2017-2019 is to have an officer visit each of the 65 regular courts and two campus courts in the state. Thank you for sending your Program Books and/or Newsletters so we know when your court meets so we can make plans. We look forward to joining you and meeting your members.

It was wonderful celebrating 100th Anniversaries with Court # 302 in Des Moines and Court # 321 in Oelwein in June. We are looking forward to celebrating 100 years with Court # 300 Dunlap in August. Congratulations and thank you for your many years of service to the Catholic Daughter of the Americas.

It is not too early to be thinking about attending the National Convention in Sioux Falls, South Dakota in July 2018. What a marvelous opportunity for our members in Iowa to have the convention right next door. Watch the Share magazine for updates. Information about motel reservations will be available at the fall workshops and in this issue of The VOICE.

Enjoy the beautiful fall thanking God every day for his many blessings. We are looking forward to seeing many of you at the workshops and retreat this fall.

In Unity & Charity
Jan Grundmeyer
State Regent

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**YOU ARE THE JOY IN CDA**

**2017 Fall workshop/Conference**

*Who should be attending? All Iowa CDA Members*

**When:** September 9, 2017  
**Where:** Blessed Sacrament Church  
650 Stephan Avenue  
Waterloo, IA 50701  
**Registration Deadline:** September 4, 2017

**When:** September 30, 2017  
**Where:** Saint Boniface Parish Center  
305 Duran Street  
Westphalia, IA 51579  
**Registration Deadline:** September 25th, 2017

**When:** October 14, 2017  
**Where:** Immaculate Conception Church  
709 W Cedar Street  
Cherokee, IA 51012  
**Registration Deadline:** October 9, 2017

**When:** October 28, 2017  
**Where:** Club 888 (Former KC Hall)  
123 W 3rd Street  
Ottumwa, IA 52501  
**Registration Deadline:** October 23, 2017

**Time:** 8:30 to 9:30 Rolls/coffee, etc.  
8:45 District Deputies meet  
9:30 session begins  
12:00 Lunch  
12:45 to 3:00 Afternoon Session

**Items to be covered:**  
Circle of Love**Membership Development & Retention**  
New State Project**Break Out Session**Officers Training -  
ALL members invited to join a session of interest**  
National Winners Announced & Awards Presented**  
Updates from Officers Conference88Questions/Answers**  
And More

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Iowa State Catholic Daughters of the Americas Officers attended the Officers’ Conference at “The National Shrine of Our Lady of the Snows” in Belleville, IL. July 13-15, 2017. Rita Carlson, Iowa State Secretary, was unable to attend.

The conference began Thursday evening with a Holy Hour and Mass. The rest of the evening after a dinner was spent receiving National Contest awards. Iowa did quite well with receiving several awards (see separate article about the awards).

Friday was spent reviewing the duties of the State and Local Regents, Vice Regents, Secretaries, and Treasurers. Rev. Jeffrey Maurer, National Clergy Consultant, gave a talk on “Importance of Spirituality”.

Further presentations were given on training District Deputies, training State and Local Chairmen, disbanding Courts, standing rules, Habitat projects, CDA ceremonials, National Projects, and making a resolution.

The evening ended with a rosary and Benediction after a procession walk from the center to the church with lighted candles and singing hymns. The rosaries were made by the rosaries makers of Court St. Ann, Mother of Mary #2419 of Washingtonville, NY and given to participants to take home.

Saturday the spokes of the Circle of Love were discussed. The spokes include: Quality of Life, Family, Spiritual Enhancement, Leadership, Education, Youth, and Legislation. Further presentations were given on Court development and membership, Campus Courts, bylaws, and parliamentary procedures. Mass was said at Our Lady of the Snows Church followed by a dinner and closing remarks.

Sunday was spent traveling home. One hundred forty-six members were present at the conference which included 35 State Courts and one Territorial Court.

Most of the information given at the conference will be presented at the Iowa CDA workshops in September and October (see separate article for the dates).

**WEB BYTES August 2017**

**By Rita A. Carlson, IA CDA Webmaster**

As summertime comes to a close with last minute vacations and back to school shopping your Officers are still at work, bringing you the most updated information and happenings with Catholic Daughters. The State Officers are hosting four workshops this fall that I do hope you all will attend. The workshops are fun, faithfilled and interactive! Us Officers are encouraging you to engage and learn more about this wonderful organization of Catholic Women. My motto is “The spiritual benefits are many, the sisterhood is priceless.” Join us!

If you are not yet aware the Officers we are seeking a member of Catholic Daughters to assume the role as Webmaster. With my State Secretary position we as a board feel that a member would be a great way for someone to become more involved. Prayerfully consider this ministry, I would be happy to take any questions regarding the managing of the website.

Please utilize the website for your communications with your members and new recruits. Adding the web address on all your publications, newsletters, media outlets and if your church bulletin has ad sponsors be sure to highlight your local court with the web address: www.iowacatholicdaughters.org. It will give current and new members a sense of what Catholic Daughters is all about in addition to all their courts projects and charity work. Please continue the great work you are doing for your court.

Keep in mind that each court in the State of IA has their own webpage, if you have an upcoming event and/or celebration I will post the items on your page. As always, send me a picture at iowafarmgirl4@hotmail.com with CDA in the subject line. Article format preference is jpeg format and all photos must be jpeg format limited to 5 MB.

Stay tuned for more news and updates....happy clicking!

*Your Sister in Christ,*

Rita A. Carlson

*IA CDA State Secretary/Webmaster*
FIRST PLACE WINNERS IN POETRY AND ESSAY
2017 IOWA CDA EDUCATION CONTEST

POETRY DIVISION I 1ST PLACE
Also won 3rd Place at National Level in this Division
Katrina Hageman
Court Our Lady of Victory #983
Ossian, IA

It Only Takes One to Make a Difference
It only takes one pair of shoes, to help a little girl feel brand new.
It only takes a box of rice, to feed a family for no price.
It only takes your generous heart, to donate your time and play a part.
It only takes one toy, to make the little ones scream for joy.

POETRY DIVISION II 1ST PLACE
Emily Michels
Court Our Lady of Victory #983
Ossian, IA

Loving the Poor
Lending my help
Opening my heart
Volunteering my time
Igniting my soul in every
Nice way and
Giving thanks to all

POETRY DIVISION III 1ST PLACE
Ann Rosenladt
Court Joan of Arc # 152
Mason City, IA

Helping Hand
Holding the hands of those who have no one
Entering in communion with all people
Leaving behind preconceived notions about the poor
Placing the needs of others before our own desires
Illuminating the community with service and positivity
Nearing heaven through serving the needy
Giving our all to help the needy because it is what we are called to do

POETRY DIVISION IV 1ST PLACE
Also won 3rd Place at National Level in this Division
Janet Marbach
Court Mary of the Assumption #1976
Manchester, IA

WHATEVER YOU DO FOR THE LEAST OF MY BRETHREN
Lord, when did I see you hungry or quench your thirst?
“When you fed friends and family and put others first.
You welcomed a stranger who became your friend
And nursed a sick child when you were at your wits end.
You visited your Grandma when she didn’t feel well
And her walls were closing in like a small prison cell.
With all these reminders, I hope you can see
Each time you served others, you also served me.”

ESSAY DIVISION I 1ST PLACE
Tess Berdo
Court McDermott #504
Washington, IA

Helping the Needy Where I Live
Last year for Lent instead of giving something up, my family decided to give to others through the Corporal Works of Mercy. I am 9 and my siblings are 8, 6, and 9 months so we had to pick activities that we could do together.

For “Clothe the Naked” we each gave one bag of clothes to Goodwill. My mom explained that we shouldn’t give our junk to the poor and that if someone needs clothes we should think about if you were them, would you like to have this outfit? And if not we shouldn’t give that to them. We also went to Kohls and each picked out an outfit we liked and gave it to the clothing drive.

For “Feed the Hungry” and “Give Drink to the Thirsty” we helped St. James at the Saturday Kitchen at the United Presbyterian Church. Since we were too young to work in the kitchen we helped set the tables and wrap silverware. With all my siblings help it went by really quickly.

For “Bury the Dead” no one we knew died during Lent so we had to think outside the box. We decided to send sympathy cards to people who had family members that died letting them know we were praying for them.

For “Visiting the Imprisoned”, since we were too young to visit a jail or prison we read Value Tale Story about Elizabeth Fry who visited a women’s prison near her home and discovered they had very bad living conditions. She spent her life working to make their conditions better and to show kindness to the women and help them improve their lives.

For “Comforting the Sick” after school one Tuesday we went to a nursing home Mass at Halcyon House. Then my sister and I went with my grandma on Sundays to bring communion to the Catholic members who cannot go to Mass. I didn’t know anyone who lived in a nursing home so this helped me learn about them.

For “Give Alms to the Poor”, our family sponsors a friend from Kenya named Elsia. We have sent letters back and forth with her for 3 or 4 years. We started sponsoring Elsia when a substitute priest came and talked about people around the world who lived in places with war and poverty. After Mass, he had several booklets of people who needed a little love in their lives. We chose Elsia because she was a girl about my age. During Lent, we donated some extra money to the birthday fund for her so she could celebrate. Her brother or her mom usually writes the letters to us and she sends along pictures of words she is learning in school.

I enjoyed being able to give to people who needed it during Lent and throughout the year and this year I look forward to coming up with new ways to give rather than giving up something during Lent.

ESSAY DIVISION II 1ST PLACE
Taryn Nolting
Ascension #495
Independence, IA

Helping the Needy Where I Live
Helping the needy isn’t hard. You can donate to charities or visit the elderly. You can help at a food pantry or volunteer at a school. There are many ways to help the needy where you live.

I help the needy by giving to charities. At my school we have games where we collect money for different charities. One game is Dime Wars. For Dime Wars you drop loose change in a container, but if you drop a quarter in other classes’ cans then you get that classes’ money for your grade’s can. The money Dime Wars usually goes to Haiti to help the poor.

This year we made bags for the homeless in Dubuque. These bags contained toothpaste, brush or comb, shampoo and conditioner, deodorant, and a tooth brush. We tied shirts together to form a bag. Everyone in middle school pitched in to help people in need.

Over the period of the year we have donated to food pantries. We collect canned food over the period of weeks. When the weeks are up we take the food to the church. We also pray for people who need a prayer. We say petitions every day and at Thursday Masses.

Every month we have a bake sale that also raises money for charities. This year’s money is also going to Haiti. At our school we have three girls who started a charity called Hearts Helping Haiti. I happen to be one of those girls. We have many different activities that we do throughout the year. Our most famous activity is Pop For a Price. You can bring a pop in with a dollar. You can only drink the pop in class if you gave the dollar to your teacher.

We also made shoes out of jeans for people who have chiggers. Chiggers are mites that eat at your feet. We spent a whole day cutting denim and making shoes. A lot of people donated jeans for this service project.

My school also collects money for the patients with leukemia. These donations are very special to our librarian because she lost someone she loves to this horrible cancer. We also do service projects for patients with leukemia. One project is called Pennies for Patients. We have a bin at the front of our school where you can drop in your loose change.

Helping the needy where you live doesn’t need to be hard. All you have to do is help somewhere or put loose change into a charity can. I know I feel happier when I help the homeless because I am thinking of others and not myself. People all over the world need our help. All we have to do is open our eyes.

ESSAY DIVISION III 1ST PLACE
Also won 2nd Place at National Level in this Division
Isabel Shubatt
Court Dubuque #1287
Dubuque, IA

What if that man was Jesus? Yes, that man. That man you just walked past, not feeling the slightest ounce of pity for. You barely even looked at him. So, what if it had been Jesus? What would you have done differently? You would have been in awe. You would have stopped and said, “My Lord, my God! You have appeared to me! I have loved you and I shall praise you. You have created me, everything I am is yours.” But it wasn’t Jesus. It was just a homeless man. You didn’t ignore Jesus, you ignored some man in a bad situation with his life, just like all other privileged people do. However, God was watching over you, and in Matthew 25: 40, Jesus said something you seem to have forgotten, “Whatever you do for the least of my brethren, you do for me.”

Continued on next page
Return the form below along with your deposit.

REGISTRATION FORM

Please register me for:

Name of Retreat: Catholic Daughters of the Americas, Date: Oct. 6-8, 2017

Your Name ________________________________________________________________

Phone # _________________________________________________________________

Address: __________________________________________________________________

_____________________________________________________

Email: _____________________________________________________________________

I plan to attend the entire weekend retreat: _____ $135.00
(2 overnights, 5 meals, director’s stipend)

MOST FULFILLING RETREAT

I plan to attend Friday evening and Saturday: _____ $93.00
(1 overnight, 3 meals, director’s stipend)

I plan to attend Saturday only: _____ $48.00
(3 meals, director’s stipend, use of facility)

Enclosed is my $25 non-refundable deposit: _____ Deadline, Sept. 29

Please return to:

American Martyrs Retreat House
2200 N. Union Rd.
Cedar Falls, IA 50613-0028

Come, and bring a friend!

Continued from previous page

The Bible tells us to love one another, and to try to see Jesus in everyone. This does not just mean to try to find the good in the people who don’t typically show us kindness, but to try to see Jesus in everyone around us. In this world, there are needy people in shelters. There are homeless people in the streets. Why are these people considered the least of our brethren? Is it because they have less money than us? Is it because this makes them bad people in some way? No, it is because they have the least. It is because they need help more than anyone else. It is because they stand the most to gain from you, from me, and from everyone.

It is my dream that one day, people will stand up and look around at this world we all have to share, and they will realize what is going on. Some people have less money than others, but that does not make them less than us. It may cause them to appear this way, but that doesn’t mean people should treat them as such. We all need to adopt a new perspective and treat the needy as if they were our Lord. As Jesus said himself, “Whatever you do for the least of my brethren, you do for me.” So, stop walking by that homeless man without a thought. Give him some money. Give him some food. Give him a smile. How much harm could it possibly cause you? No good deed goes unnoticed, God is watching over us. Random acts of kindness are not generous, they are expected. So, why don’t we all go out and do some good in this world for each other?

CATHOLIC DAUGHTERS AND WOMEN’S RETREAT

YEARLY RETREAT —
October 6-8, 2017
Begins 8:00 p.m. Friday, and ends on Sunday with lunch.
Open to all women, members and non-members.

THEME OF THE RETREAT:
“Live Successfully with Faith, Hope and Charity.”

With these three virtues active in our life we will find that our life will be filled with a success that supersedes all that we might find in worldly goals and ambitions.

RETREAT DIRECTOR:
Fr. Dan Knipper was ordained in the Archdiocese of Dubuque by Archbishop James J. Byrne in June of 1967. Since then he has served the Archdiocese in a variety of ways including parishes, high schools and grade schools in St. Raphael Cathedral, Bellevue, Gilbertville, Holy Cross, North Buena Vista, Cresco, Plymouth Rock, director of American Martyrs Retreat House, University of Northern Iowa, Dike, Waterloo, Lansing, New Albin, Harpers Ferry, Cherry Mound & Wexford all within the Archdiocese of Dubuque.

2017 IOWA NEWSLETTER CONTEST WINNERS

Category is determined by the number of members in a court
Division is determined by the number of issues per year

CATEGORY I, DIVISION II
First Place: St Elizabeth Ann Seton # 2291 Cedar Falls; Regent: Wahneta Haywood
Second Place: St Therese, the Little Flower # 1768 Cedar Rapids; Regent: Susan Frischkorn
Third Place: St Cecelia # 283 Algona; Regent: Julie Norland

2017 IOWA WINNERS OF THE NATIONAL CDA CONTESTS

National Education Contest
Art Division 1: 3rd Place – Claire Carey, Court Ascension #945, Independence, IA
Art Division 2: 3rd Place – Anne Marrin, Court Fidelis #342, Wesley, IA
Computer Art Division 1: Keira Elterbroek, Court St. Elizabeth Ann Seton #2291, Cedar Falls, IA
Essay Division 3: 2nd Place – Isabel Shubatt, Court Dubuque #1287, Dubuque, IA
Poetry Division 1: 3rd Place – Katrina Hageman, Court Our Lady of Victory # 983, Ossian, IA
Poetry Division 4: 3rd Place – Janet Morbach, Court Mary of the Assumption #1976, Manchester, IA

National Newsletter Contest
Category VI Division 1: Tied 2nd Place – Iowa State CDA Court, Jan Grundmeyer, Editor

National Website Contest
State Courts-Established: Tied 1st Place: Iowa State CDA Court, Rita Carlson, Webmaster

He has also been very active in liturgy and especially liturgical music on a diocesan and national level. At present he is retired in Decorah and continues to carry on his priestly ministry through parish coverage in the North East Iowa area.

If you have not made a retreat at AMRH - During your short stay, you will have a private room for prayer as well as prayer together; the Sacraments of Reconciliation, Eucharist, Anointing, wonderful meals and time to be with God in a relaxed manner.

This is a silent retreat, which means enjoying a quiet atmosphere - just listening with your heart (God’s language), praying and singing.

Retreat Contribution: AMRH requests a contribution of $135.00 per person for the weekend. This includes the stipend for the retreat director, delicious meals, overnight accommodations and the peace and quiet.

If you cannot attend for the full weekend, again this year we are offering options hoping more Women and Catholic Daughters will take the time to be and pray together.

For more information contact
American Martyrs Retreat House: 319-266-3543
DBQAMRHsec@DBQarch.org

See form at left.
Court # 302 celebrates 100th anniversary

Catholic Daughters of the Americas Court Ave Maria #302, celebrated 100th anniversary June 25, 2017 at All Saints Church, DesMoines.

Our celebration began with a special mass concelebrated by Bishop Richard Pates, Bishop Emeritus Joseph Charron, our chaplain Msgr. Robert Chamberlain and four other priests. We were also honored to have as our guests, our national CDA Regent Helene Shepard, 1st. Vice State Regent Karen Kasparbauer, State Deputies of the Knights of Columbus, Jon Aldrich and Antonio Banderos.

A reception was held for all in the Social hall.

Court St. Rita #321 Marks 100th Anniversary

The 100th anniversary of Court St. Rita #321 at Oelwein was marked with a Mass, dinner and program on Sunday, June 25. The court was originally instituted in June 1917 as a court of the Daughters of Isabella.

Activities began with a 10:30 Mass at Sacred Heart Church. Fourth Degree Knights of Columbus provided an honor guard as court members, visiting courts and guests processed into Mass. Celebrant was Father Paul McManus with Father Wayne Droessler assisted by Deacon Jim Patera. Members of Court St. Rita filled all the lay ministries of the Mass.

Court Chaplain Deacon Patera gave the homily. His message was that Jesus assures us that He will be with us and walk with us through the trials of life. There is nothing to fear with the love and support of the Holy Spirit.

Following dinner, the keynote address was given by Sherry Nilles, First Vice National Regent. Emphasizing the importance for organizations like CDA, Nilles said, “The Catholic Daughters principles of unity and charity support and promote the heart of the mission of Jesus to bring all humanity, men and women of every race, language and culture into one.” She also commented, “CDA is a way for the gifts of women in our Church to be recognized, called forth and put at the service of the Church and the world, especially women, children, the poor, the retired religious and clergy.”

Nilles congratulated the court by presenting Regent Erika Brockmeyer with a plaque from the national office. The court presented Ms. Nilles with a silver charm bracelet featuring symbols of the Catholic faith including a St. Rita medal.

At left and right are 4th Degree Knights of Columbus. In the front row are court officers and district deputy: (l to r) Barbara Vandersee, Treasurer; Barbara Rundle, Financial Secretary, Erika Brockmeyer, Regent; Barbara Voshell, Recording Secretary and Lois Gaffney, District Deputy. In the second row are Sherry Nilles, First Vice National Regent and Deb Steger, State Treasurer. National Director Rose Holschlag and State Regent Jan Grundmeyer are in the third row. In the back are Chaplain Deacon Jim Patera, Father Paul McManus and Father Wayne Droessler.

First Vice National Regent Sherry Nilles accepts gift from Recording Secretary Barbara Voshell.

State Regent Jan Grundmeyer brought a message from the State Court of Iowa. She presented a gift and a framed certificate honoring the court.
Local Court News

Court Craigie #94, Iowa City
Maggie McDonald & Kate- lyn Murhammer are shown holding their $500 scholarship awards given by Court Craigie #94, Iowa City at June CDA meeting. Their families were present to see them receive their gift towards college.

Court Craigie #94, Iowa City
Margee Krapfl, Linda Akers, Julie Lacina, Carolyn Rourke & Carole Olney are busy sewing at St. Wenceslaus parish hall at our monthly gathering.

Court Craigie #94, Iowa City; has recently sent 51 pairs of little boy shorts & 35 little girl dresses to needy children.

100th Anniversary Celebration

Catholic Daughters of the Americas Court St. Monica #300 from Dunlap/Woodbine, IA celebrated their 100th anniversary August 27, 2017. Actual centennial date was February 18, 2017. Court members wanted to celebrate the anniversary on St. Monica’s feast day, August 27. Every month from February 2017 to August 2017 the court did a special activity to prolong the centennial celebration. In February they had their annual anniversary potluck with cake at their meeting. A scriptural rosary at Woodbine was said at the Mass in March. In April the Court had an informational booth at Woodbine’s annual spring chicken dinner. A biodegradable balloon rosary was released to the sky during the May mother/daughter breakfast. June activity included an ice cream social. The Court had a float in the annual town’s 4th of July parade.

The centennial celebration on August 27 started with a Mass celebrated by the CDA Court’s Chaplain Rev. Joel McNeil. Members, local CDA Court Officers and IA CDA State Officers participated in the Mass. The Dunlap Knights of Columbus Council #1249 formed an honor guard. After Mass a lunch was served to members, families and guests. Congratulations from the National CDA Board and IA CDA State board were read following the luncheon. CDA pins were awarded to members who were 50, 55, 60 and 70 year members.

Pictures submitted included the members of CDA Court #300, their officers and members of the local KCs. Note the new stoles members worn that were made for the celebration and will be worn at special CDA functions. The officer picture (bottom photo) included Local and State Court Officers – L to R – St. Monica’s Court Secretary Joett Cogdill, St. Monica’s Court Vice Regent Bev Wendt, IA State Secretary Rita Carlson from Fort Dodge, IA State 2nd Vice Regent Kaye Stock Arndorfer from Carroll, IA State Regent Jan Grundmeyer from Manchester, IA State 1st Vice Regent Karen Kasparbauer from Manning, IA State Treasurer Deb Steger from Dyersville, St. Monica’s Court Regent Marilyn Davie, and St. Monica’s Court Financial Secretary Mary Jane Zehner. Missing is St. Monica’s Court Treasurer Deb Heller.

Pictured are CDA members Barb Rosener, Peg Wurth, Maxine Shea, Mary Ann Kestel, Ben Schubert, director, Leone Hoefting, Regent, Bev Nielsen, Kathy Johnson, Mary Roethler, and Velma Garvin.

Court #1897, Marcus

Ladies from CDA Court 1897 of Holy Name parish Marcus, Iowa ended their year with a tour of Cherokee County Work Services.

The informative tour was given by Ben Schubert, director of the services. The clients do an amazing amount of work to help numerous business in this county. We enjoyed our tour and visiting with some of the clients.
Local Court News

Court St. Francis #1290

RIGHT: Court St. Francis #1290 from Belmond, IA gave scholarships to Alexandra Trager and Sydney Redding.

ABOVE: We also had a program by Carol Bailey, a CDA member, on 100th anniversary of Fatima.

Court Isabella #642 Garner

Thank you Court St. Cecelia #283 Algona for the Virgin Mary statue you donated to the raffle at the CDA State Convention in Ames. I’ve enjoyed it all summer. DiAnn Jass, Court Isabella #642 Garner.

Court #1460, Farley

Members of Presentation Court #1460, Farley, IA. Potluck supper was enjoyed by members after May Crowning and Mass on May 16, 2017.

Court Blessed Mother 1926, Cascade


CDA members pictured left to right: Susan Frischkorn, Elaine Boes, Claire Ahart, Jean Derby, Berta Larkin, Shirley Bush, Mary Lou Hess, Bernie Vandewalle, and Sr. Carol Anne Heitgen.

Cedar Rapids Court #1768, St. Therese

Members of Court #1768 led the congregation in the 100th Anniversary of the 4th Apparition of Our Lady of Fatima devotion at St. Wenceslaus Church on Sunday, August 13th.

Several members led prayers in honor of Our Lady, read the story of the 4th apparition of Our Lady of Fatima and the history of the Rosary, and led hymns to our Blessed Mother. CDA members as a body led the Holy Rosary, with a special meditation before each decade. Our Lady of Fatima, pray for us.

Visit the Catholic Daughters of the Americas website: www.catholicdaughters.org
Local Court News

Court Joan of Arc #152
Court Joan of Arc #152 selling homemade pie slices at the 4th Degree Knights of Columbus Annual Chicken BBQ. Seated from left to right are Peg Solberg, Jane Roach, and Joanne Starkey.

Cedar Rapids Court #1768, St. Therese
Court #1768 members joined with Knights of Columbus Council #14952 in a fundraiser this past summer taking orders for fresh peaches from Palisade, Colorado. We sold approximately 2300 lbs. of large, juicy, and delicious peaches. Our thanks and appreciation goes out to our Committee Co-Chairs pictured here, Linda and Bob Brandt.

Court Our Lady of Perpetual Help #1057, Ashton
Court Our Lady of Perpetual Help #1057 in Ashton at their annual food stand for Town and Country Days in Ashton Iowa.

TOP: The CDA Ladies are ready to serve you! From left to right: Laura Vonder-Leith, Mary Ann Henning, Brenda Thiner, Kris Schoo, Karla Schaa, Cindy Corbett. Seated; Muriel Schaa and Karen Trei. MIDDLE: Firing up the grills. ABOVE: People lined up to get some great food.
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1627          Pocahontas  398.00  79.60    238.40       Individual Catholic Family
1710           Groettinger 145.00   58.00    87.00       Cherish House
1714           Jesup        200.00   80.00   120.00       Opening Doors
1737          Decorah      252.67  101.07   151.60       Helping Services of NE Iowa
1768         Cedar Rapids  690.50  276.20   414.30       Waypoint Services
1797           West Bend  330.25  132.10   198.15       Kossuth Care Team & Catholic Charities
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1897           Marcus      373.04  149.22   223.82       Catholic Charities & Mary’s Choice
1926           Cascade     542.75  217.10   325.65       Cascade Right of Life
1945           Ankeny      2416.47  967.47  1449.00       Beacon Of Life Center for Women, House of Mercy

1976           Manchester 1556.42  622.57   933.85       Waypoint
2291          Cedar Falls  579.75  231.90   347.85       House of Hope
2476           Glenwood     0.00    0.00     0.00
2498          Portsmouth  588.09  235.24   352.85       Phoenix House
2515           Spirit Lake  410.12  164.05   246.07       CAASA
2591          Our Lady of Grace 62.00  25.00    37.00       Siouxland Restoration Center
2711          St. Therese of Lisieux 0.00  0.00     0.00

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Des Moines Diocese     2375.00
Davenport Diocese     875.00
Dubuque Archdiocese   6725.00
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<td>Rev. Timothy Schott</td>
<td>2812 North Grant Road, Carroll, IA 51401</td>
<td>(712) 830-5727</td>
<td><a href="mailto:trschott@westianet.net">trschott@westianet.net</a></td>
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<td>STATE TREASURER</td>
<td>Deb Steger</td>
<td>Ctr 350 St Rose, Dyersville, IA 52040-1622</td>
<td>(563) 875-7446</td>
<td><a href="mailto:deborah.steger1958@gmail.com">deborah.steger1958@gmail.com</a></td>
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<td>FOR THE VOICE &amp; RECEIVES</td>
<td>Karen Kasparbauer</td>
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<td>Helene Shepard</td>
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<td><a href="mailto:misshelene2000@yahoo.com">misshelene2000@yahoo.com</a></td>
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<td>Washingtonville, NY 10992</td>
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<td>NATIONAL DIRECTOR FOR IOWA</td>
<td>Susan Mone’</td>
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<td>(480) 969-0447</td>
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<td>MAN</td>
<td>Thomas Panas</td>
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<td>(212) 501-0763</td>
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Important Dates to Remember

September 9 .................................................. CDA Workshop in Waterloo, IA
September 23 .................................................. 90th Anniversary Celebration – Court Our Lady of Perpetual Help #1057 Ashton, IA
Sept. 27-Nov. 5 ................................................. 40 Days for Life
September 29 .................................................. Deadline for Registration for Retreat in Cedar Falls. See Registration Form in this Issue
September 30 .................................................. CDA Workshop in Westphalia, IA
October .......................................................... Month of the Rosary and Prepare Financial Reviews
October 1 .......................................................... Respect Life Sunday
October 6-8 ..................................................... Catholic Daughters and Women’s Retreat – American Martyrs Retreat House-Cedar Falls, Iowa — Father Dan Knipper — THEME: “Live Successfully with Faith, Hope and Charity.”
October 9 .......................................................... Columbus Day
October 14 ....................................................... CDA Workshop in Cherokee, IA
October 15 ........................................................ National Catholic Daughters of the Americas Sunday
October 22 ....................................................... 50th Anniversary Celebration – Court Mary of the Assumption #1976, Manchester, IA
Oct. 22-Nov. 3 ................................................... CDA Pilgrimage: “The Shrines & Abbeys of Ireland”
Oct. 25-Nov. 1 ................................................... White Ribbon Against Pornography Week
October 28 ........................................................ Make a Difference Day
October 28 ....................................................... CDA Workshop in Ottumwa, IA
October 31 ........................................................ Financial Reviews due to State and National
November ........................................................ National Catholic Daughters of the Americas Sunday
November 1 ........................................................ All Saints Day
November 2 ........................................................ All Souls Day
November 11 .................................................... Veterans Day
November ........................................................ State Dues deadline. Watch for deadline date — Send to Rita Carlson
November 20 .................................................... Deadline for submitting articles for the winter issue of The VOICE to Karen Kasparbauer, Editor of the VOICE
November 23 .................................................... Thanksgiving Day
December 8 ....................................................... Feast of the Immaculate Conception of Mary
December 25 ..................................................... The Birth of Jesus
December 31 ..................................................... Deadline to send Fall Food Event donation to State
January 1 .......................................................... Solemnity of Mary, the Holy Mother of God
June 24, 2018 ................................................... Anna Baxter Day — Iowa City
July 17-22, 2018 .............................................. National CDA Convention — Sioux Falls, SD

Prayerful Memories

Court St Rose of Lima #6 – Carroll
Delores Determan

Court Adelaide Proctor #43 – Ottumwa
Twila M. Schultz

Court Our Lady of Good Council #216 – Ft Dodge
Mary Weidenfeid
Evelyn Tornabone

Court Ave Maria #269 – Sioux City
Frances Girard
Maxine Fachman
Margaret Lamkin

Court Ave Maria #302 – Des Moines
Zita McKenna

Court St Rita #321 – Oelwein
Gladys Schmitz

Court St Rose #350 – Dyersville
Starla Schuster
Dolores Bierman

Court Dolores #458 – Cherokee
Helen Mendt

Court St Raphael #1156 – Maquoketa
Evelyn Carlson

Court Dubuque #1287 – Dubuque
Dorothy Brothers
Evelyn Hickey

Court St Francis Xavier #1290–Belmond
Helen Dorr

Court Our Lady of LaSalette #1585 – Milford
Georgia Sheley

Court St Benedict #1599 – St Benedict
Marie Recker

Court Holy Rosary #1602 – Anthon
Arlene Wright

Court Queenship of Mary #1806 – Waucoma
Roberta Brannon

Court Our Lady of the Holy Rosary #2476 – Glenwood
Jeanne Gilbronson

In Loving Memory

Cedar Rapids Court #1768, St Therese, the Little Flower—CDA members attended the funeral of 94 year-old Mildred L. Dunn on June 19th, in recognition of the key role she played 60 years ago in establishing Court #1768.

Millie spent countless hours in volunteer service to many civic and religious organizations in Cedar Rapids.

She attended daily Mass her entire life until her failing health made this impossible. Millie will be remembered as a person whose life centered around her love of God.

Her generosity to others was exceptional, and her charitable spirit and acceptance of others were hallmarks of her life. May she rest in peace.
**Circle of Love - Family**

Court Mt. Carmel #354, Lawler, along with the local Quilt of Valor sewing group, sponsored a Quilt of Valor presentation on July 10 in the Our Lady of Mt. Carmel church basement in Lawler. Thirteen veterans from the American Legion Post #279 in Lawler were awarded quilts. Our court prepared and served lunch for those attending the reception following the presentation. Several of the Court #354 members who prepared and served the lunch were: L to R - Pat Zajicek, Joanne Winter, Mary Jo Sabelka, Charlotte Brinks, Kathy Timlin, Pat Lynch, Edan Jirak, Lou Junks, Betty Wurzer. Not pictured were Shirley Sabelka, Jeannie Loftus, Margaret Gossling, Mary Kruse & Alberta Bouska.

**Hitting a home run**

In Rev. Jeffrey J. Maurer’s column in the June 2017 National Quarterly, he encouraged members to “Spend the lazy, hazy, crazy days of summer actually resting and refreshing...” Court Bernadette #189, Sheldon, IA used the theme, “Take Me Out to the Ballgame” as our salute to the lazy, crazy days of summer at their June meeting. Snacks included hotdogs and Cracker Jacks. The Court Bernadette “team” welcomed new member, Kathy Uhrich, and celebrated years of membership with Carol McCarty (65 yrs), Jane Rohde (55 yrs), and Marj Culligan (50 yrs). We cheered each other on and hit a home run as we closed out a successful CDA year!

**Helping Hands**

Spencer Court Sacred Heart #408 recently held their Helping Hands drive. Our Parish Family was asked to contribute items needed by our local abuse center, CAASA. This year the need was for clothier baskets and paper products. Each client is given a basket filled with paper products, personal hygiene products and cleaning products.

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**A Warm Welcome to Our New CDA Members: Fall 2017**

| Mason City | Carmen Arispe | Lawler | Lawler |
| Ft. Dodge | Danella Rooney | Spencer | Grace Reicks |
| Des Moines | Irma Machovec | Decorah | Ashley King |
| Council Bluffs | Sharon Vail | Churdan | Sr. Phyllis Ann |
| Council Bluffs | Lucile Burk | Jesup | Joan Nugent |
| Lawler | Jane Grote | Jesup | Kitty Kaiser |
| Lawler | Madonna O’Connell | Jesup | Bonita J. Serfoss |
| | | | Lavonne Heiselman |
| Jesup | | | Britany Begle |
| Decorah | | | Ruth Stortz |
| Decorah | | | Lisa Tangen |
| Manchester | | | Mary Kay Dostart |
| Spirit Lake | | | Katherine Mary Nokleby |